

Strength + conditioning class

OPEN TO HOPKINSON HOUSE RESIDENTS
first class complimentary*

location: SOLARIUM

March schedule: Tu. 3/6 - 6p
Tu. 3/13 - 6p
Sa. 3/17 - 10a
Tu. 3/20 - 6p
Tu. 3/27 - 6p

Questions? contact Pat Ma, #316
patma.philly@gmail.com

*class fee, payable to instructor, depends
on number of sessions per week of group class